June 1st Edition

#### THE KSF BULLETIN



The month newsletter of the Kamala Sundaram Foundation





Kamala Sundaram Foundation, previously known as Aditya Jyot Foundation for Twinkling Little Eyes (AJFTLE), is a non-profit organization, established in 2005, which was born out of the desire expressed by Dr A P J Abdul Kalam (former president of India).



### **About Us**

The Kamala Sundaram Foundation runs outreach programs in rural and urban slums and tribal areas that strive to provide quality eye care for the underprivileged. With our out-reach programs aiming to redress the suffering of low income groups, marginalized population living in rural and urban slums and tribal areas in our state through free eye camps and free eye treatment.

The Foundation works with a mission to alleviate the suffering of the poor and aims to prevent the avoidable blindness through awarness generation, eye screening and providing access to quality eye care at an afforable cost.

It has numerous projects focused on creating awareness, screening and providing comprehensive eye care services to prevent avoidable blindness. The organization takes special interest in promoting eye donation.

"It is a privilege to serve mankind for this is a worship of God. God is here, in all these human souls."

-Swami Vivekanand



#### **VISION STATEMENT**

To provide quality eye care to all those in need through a system based on community participation & commitment.

#### **MISSION STAEMENT**

To render charitable services through a system built on society participation to ensure quality eye care to all. This will also include educational activities to highlight eye donation and preventive aspects of eye care.

#### **Managing Trustee**

Prof. Dr. S. Natarajan, a Padmashree Awardee is an ophthalmologist with over 35 years of experience. He is considered an authority in Vitreo Retinal Surgery globally and is keenly involved in research and community service to fulfill his aim of prevention of blindness in India.



PadmaShree Prof. Dr. S. Natarajan

#### **Board of Trustees**



Prof. Dr. Uday Salunkhe



Mrs. Sulabha Karunanidhi



Shri Vaidyanathan K

#### **Our Team**





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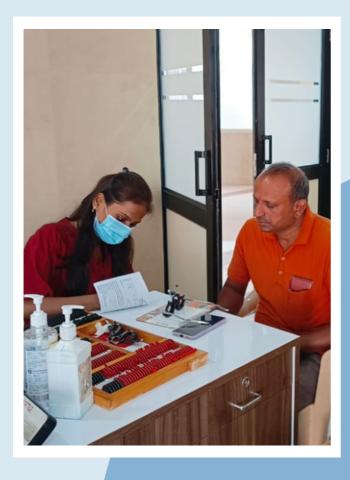
Anya is a zealous student in Grade 11 of Dhirubhai Ambani International School. Passionate about the biological sciences, she is also the editor of her school's annual magazine.

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# Sarigam Rotary Camp

On Sunday, 26th March 2023, the Kamala Sundaram Foundation organised a big Diabetic Eye screening camp at Sarigam Village in Gujarat as a part of Rotary Diabetic Eye screening program. This camp was another medium for the foundation to help the underprivileged section of society by providing them free healthcare.

In the camp, we screened 107 Patients, out of which we were able to identify 27 Diabetic patients. From these 27 Diabetic patients, 4 required urgent retinal evaluation and further management. We are coordinating with the Rotary Club Sarigam to get such patients in Mumbai the right treatment they require to continue to lead an easier life.





### **MOU** with BMC

Kamala Sundaram Foundation has signed an MOU(Memorandum of Understanding) with BMC on 18th January, 2023 for the next 3 years. This is being done to screen and diagnose Diabetic and hypertensive patients in BMC clinics and Apla dawakhana to make Mumbai a "BLIND FREE MUMBAI". This is a promise Dr. S Natarajan has made on Swami Vivekananda's 159th Birth Anniversary to Mumbai. We aim to conduct Diabetic Eye Screening programs in 3 Wards, comprising of 42 clinics. At present we are working in 10 clinics, with 3-4 members of the staff present in each, in March and April.

We have also conducted a house to house survey in the Wadala East Slum pocket of Mumbai, covering more than 2700 houses and 4000 people of above 40 years. The survey details from the months of January to April of 2023 are as follows:

Number of household visits	2723
Number of people of more than 40 years screened	4862
Total number of diabetic patiemts screened	880

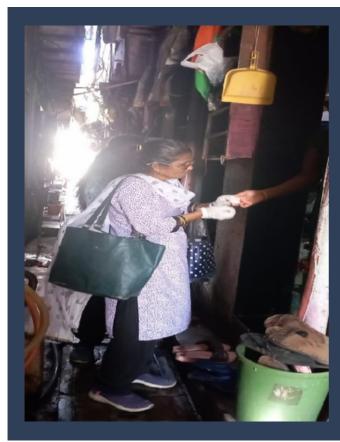




# MOU with BMC









# MOU with Rotary Club of Mumbai-Sion

The Kamala Sundaram Foundation signed an MOU with Rotary Club of Mumbai-Sion in the Month of January and started Diabetic Screening camps in the Slums of Mumbai and BMC Clinics. This has givne us the opportunity to raise awareness about diabetes and its management among the slum population in India by providing information about the condition, its symptoms, risk factors, and prevention methods. Here's a Rotary Club of Mumbai - Sion Activity Report from Feb'23 - April'23:

Total Number of Camps conducted	11
Total Number of DM Patients diagnosed	180
Total Number of Fundus Photos taken	96
Total number of Macula OCTs	62
Total number of Angiographies	62





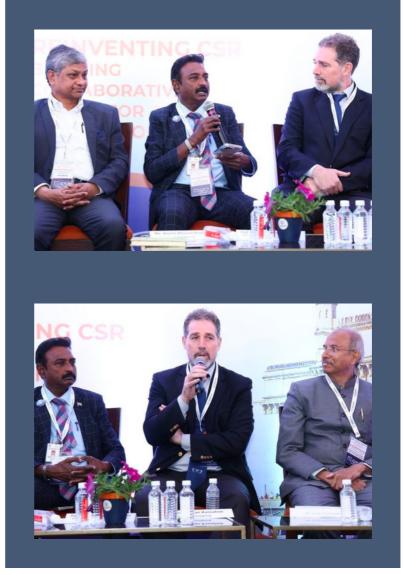
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# **Vision Spring Meeting**

The Kamala Sundaram Foundation has a signed an MOU with Vision Spring on 16th March, 2023. They have agreed on providing underprivileged students in India 1000 Free spectacles every year. The foundation will provide the prescriptions to Vision Spring, who will then ensure that each of these children is given the spectacles they need to continue school life in an easier manner. We hope to help this part of society that often goes overlooked against

all the other illnesses that modern society is trying to combat. We hope that this has a positive impact on the education sector of our country.





# **Eye Camp in School**

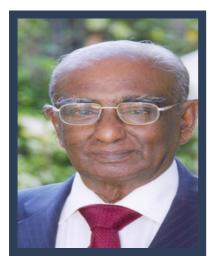
The foundation conducted an Eye Camp conducted on 21st May 2023 at Kamraj School in Dharavi, Mumbai. This successful camp helped us screen 86 patients living in the area. The impact of the camp extended beyond immediate medical care, instilling a sense of hope and empowerment within the community, emphasizing the importance of vision health and promoting a brighter future for all.



# A Special Eye Camp

A successful eye camp took place on January 14th, 2023, in commemoration of the 95th birth anniversary of the late Prof. Dr. N. S. Sundaram, a renowned ophthalmologist in Tamil Nadu. The eye camp, organized by his son, Dr. Sundaram Natarajan, was a fitting tribute to the remarkable legacy of his father and aimed to provide much-needed eye care services to the community. By providing essential eye care services to the community, we pay homage to his unwavering commitment to improving vision and enhancing the lives of countless







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### Join Us!

The Kamala Sundaram Foundation has plans to implement the following activities in Mumbai and in districts of Maharashtra:

- Free eye screening for cataract, Glaucoma, Diabetic retinopathy and all paediatric related illnesses
- Provision of free treatment including surgeries to all poor and needy
- School eye health check up for all un-aided, municipal, and ZP schools
- Eye check up for unorganized sectors workers, daily wage earners, and industrial workers
- Mass awareness programme on Diabetes and eye care, eye injuries, congenital eye disorders,
- Setting up of satellite vision centres in rural and urban slums and tribal pockets

Please donate to our Foundation to help us achieve these goals:

Bank Name: Indian Bank A/c Name:Kamala Sundaram Foundation A/c No:6232553298

Branch: Wadala

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# Join the Army, Dream a BLIND FREE INDIA



#### Get in Touch



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